

# Beach and Pool Safety

In 2000, 3,281 unintentional drownings were reported in the US, averaging nine people per day. This does NOT include drownings in boating-related incidents (CDC 2003).

For every child who drowns, three receive emergency department care for non-fatal submersion injuries.

Among children aged 1 - 4, most drownings occur in residential swimming pools - most were in the care of one or both parents.

Alcohol use is involved in about 25 - 50% of adolescent and adult deaths associated with water recreation. Alcohol influences balance, coordination, and judgment, and its effects are heightened by sun exposure and heat.

## For Your Safety, and Those Around You:

### LEARN TO SWIM

Swim in supervised areas only.

Obey all rules and posted signs.

Swim only in posted areas.

Stop swimming at the first indication of bad weather.

**NEVER** leave children alone in or near a pool.

Never run near the edge of a pool.

Set water safety rules for the whole family.

